



# Spirit in Motion

Parish Newsletter  
A Community of Hope Congregation

St. Bartholomew  
Episcopal Church

November 2008



Thanks to the Seymour family for planting a lovely garden around the outdoor sign and cross. Read Fr. Tom's article on p. 3 for information on upcoming changes to the sign.



The new outdoor format for the Feast of St. Francis/Blessing of the Animals service on Oct. 4 was a great success. There were many dogs, two cats and even a fish that were blessed at this annual event.



Many of those gathering to begin the hard work of clearing the west property gathered together for a prayer and blessing that God would bless their work and our stewardship and use of this land.



If you missed the very informative viewing of "Cutting Through the Spin" Stem Cell presentation on Sun. Oct. 19 and are interested in further information on the topic, materials are in the parish hall or let Betsy Hegwood know. A wonderful thank you to Dr. Ken Reichert for his guidance throughout the video and the updated information he researched and shared.



Middle schoolers wrapped in aluminum foil (a.k.a. the armor of God) illustrated Ephesians 6:10-18 in relation to a discussion on the book "Pilgrim's Progress" that they are reading in class each week. Feel free to join them when they watch the movie on Nov. 16 & 23!

## Coming November 2...

- ◆ The new Parish Photo Directory (Seriously!)
- ◆ The Advent, Christmas & Epiphany brochures with service times and special programs

Visit our web calendar at [www.stbartspewaukee.com](http://www.stbartspewaukee.com) and/or the new Communication Center to keep up on all things St. Bartholomew!

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## Stewardship

“And of your own have we given you” Yes, Consecration Sunday is almost here. This is our financial stewardship program where we have the privilege to give back to God what has actually come from God. The date is Nov. 9, 2008, please plan on being there. You will find the signup sheet in the Narthex. You will also notice an opportunity to provide an egg dish or related items for the celebration brunch, which will be between services for both the 8:45 and 11:00 people.

Pray and discuss ahead of time what you can give back to God in your church home. Please consider increasing your percentage giving, moving up to tithing, or sacrificial giving (above 10% of earnings). It's a decision you will make with God and your family. It's a challenging and fun time for

all of us. We will be using the Estimate of Giving cards, like last year, to be filled out near the end of service and placed in the basket at the altar.

In regards to the remainder of this year, we remain extremely tight on money to pay for Church needs. If you are behind on your Estimate of Giving, will you try to catch up, or if you're meeting your Estimate and are able to do more for 2008 would you do so, for November and December of this year? If you have any questions, contact John Kronshage (Vestry Stewardship) or one of the good people on the committee, Jim Craft, Will Fris, Chris Matheson, Ralph Modjeska, or Chuck Will. May God bless all of you as you make your decisions! Thank you, John Kronshage

## Altar Guild

The Altar Guild will meet on Saturday, November 8th from 9 a.m. to 12:30 p.m. at St. Bartholomew's. Tentative agenda: Ironing Linens, Wine Blending, Wednesday set-up, Final revisions to Altar Guild Manual, Fall polishing, and wrap-up with Fr. Tom. Please bring to the meeting the Altar Guild Manual

you have received with any revisions you think appropriate. A potluck lunch will follow the meeting. Please bring a dish to pass. Contact Kada Bush or Beth Papazoglakis if you will or will not be attending. Anyone interested in becoming a member of the Altar Guild is most welcome.

## MOPS

### Mothers of Preschoolers

#### Christmas Countdown!

by Sharie Perugini

*“Haul out the holly; put up the tree before my spirit falls again. Fill up the stocking, I may be rushing things, but deck the halls again now. For we need a little Christmas, right this very minute, candles in the window, carols at the spinet. Yes, we need a little Christmas right this very minute. It hasn't snowed a single flut-tery, but Santa, dear; we're in a hurry...”*

Can you relate to the words of “We Need a Little Christmas” from the musical Mame? The realities of the physical and material preparations for Christmas are just around the corner. We are living in interesting times. Perhaps we're not as joyful as we would like to be. How can we make our homes and hearts a joyful place for the holidays? If you're a mother of a preschooler you may be thinking – what gift will bring a smile to my children's faces – and more importantly what can I do this year to help my children further understand the true Christmas Gift of baby Jesus to the world? It's so easy to get caught up with the “to do” list and social calendar that what's truly important gets lost or shadowed by earthly things rather than God's unconditional love for us.

The next MOPS meeting on Wednesday, November 12th from 6:45pm-8:45pm (parish hall at St. Bartholomew) will address some of these very ideas. “How to Make Your Home a Joyful Place for the Holidays.” Mary Steinke, grandmother of over 25 grandchildren – wow! will be joining us for a discussion about practical and spiritual suggestions and ideas for the holidays. This is the third year that Mary has joined MOPS for a presentation – she's funny, wise and inspirational. Additionally, we'll be making homemade gift tags with colorful papers, stamps and embellishments – all supplies will be provided. Childcare is provided. Dues are \$5 per month – but if this is your first time at a MOPS meeting – your first month is free!

There won't be a meeting in December due to everyone's crazy schedules. So, come join us and warm your hearts and minds with inspiration for making your home a joyful place for the holidays! If you have any questions, or know someone that we can extend a personal invitation to, please contact Becky Brand (262-370-2643) or Sharie Perugini (262-367-1837).

MOPS – **M**others **O**f **P**reschoolers. We are a group of mothers who have at least one child age birth to kindergarten. We are working moms and we are stay-at-home moms. We are members of different churches of all denominations from the Milwaukee Metro area and have sister MOPS groups all over the world. We meet the second Wednesday of each month to relax, renew and develop new friendships to help ourselves and each other be the best moms that we can be because...*better moms make a better world.*



## Pastor's Pen



Greetings in the name of our Lord and Savior Jesus Christ –

In the near future we will be adding a new section to the sign at the corner of Paul Ct. and Hwy 164. This new section will include information intended to be welcoming and informative with the intent of making St. Bartholomew a little more accessible and inviting to those passing by. Basics like service times, web address and phone number will no doubt be included, however, an interesting challenge has arisen when exploring various ways to say 'welcome' on the sign.

Isn't the gesture of making service times and other basic information publicly and easily available enough of a welcoming message? Should there be something more? And if so, what would that something more be or say?

The something more has the potential of creating quite a dilemma for this community if taken seriously. The easiest and most direct terminology is also potentially the one that carries the most baggage. The simplest phrase may well be "All are welcome." This statement seems harmless enough on first glance; however, the word "all" renders this phrase anything but harmless. The problem comes in the application of what we mean when we say the word "all". "All" taken literally means every human condition – "all" and every are very big words when looked at through that lens.

I would like to assure you that the problem is not in the words or even what they imply, but rather in the way we choose as a community to make this type of invitation real. Shortly after receiving this newsletter, many of you will be receiving a copy of our new photo directory. For a suburban mid-western Episcopal parish, I believe most people looking through the directory or participating in worship would come to the conclusion that St. Bartholomew is a welcoming and relatively diverse community. However, with that being said, there is still a big "but" .... in that there is a big difference between "welcoming and diverse" and "welcoming all."

The challenge I see is that phrases like "all are welcome" can very easily become clichés for other phrases like "inclusive" or "radically welcoming", which again, in and of themselves are harmless and even accurate terms for communities that claim to follow Jesus. We would be hard-pressed not to say that our calling is otherwise when we read passages like Matthew 28:18-20, where it says, "Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'"

So where is the problem? The problem I see is that it takes a lot of hard work, personal discipline and growth to have any hope of being able to survive and even thrive as a truly welcoming church community. The easy way out is to say we are radically welcoming by lowering every standard, value,

belief and principle to its lowest common denominator so that anything that potentially separates us from welcoming "all" has been eliminated. The problem with this approach, while sounding very altruistic on the surface, is doomed to failure because it simply does not reflect the way humans or virtually any functioning living system operates. Every system has its hierarchies, rituals, barriers to entry and any number of other basic variables of community. Just about the time we figure out one way to be "radically welcoming" we will have created some other barrier that threatens to conflict with our current definition of "radically welcoming."

All that being said, my belief is that everything we do must strive to move ever closer to being a safe place for all people to seek refuge from the ways of this world. We are to do our best to be a place where everyone has the opportunity to try on the mantle of growing into being the person God has created us to be, and to be equipped to go into the world to do the work God has called us to do. My experience has been that our best hope of seeing real success in this mission is to be a community that both understands this and is constantly growing and maturing leaders with healthy boundaries. The concept of "all" are welcome would work perfectly if every time people came together each person took full responsibility for self and completely respected the dignity of every other person, or in other words, everyone had a perfect sense of boundaries. Needless to say, I have yet to experience an environment that I could say comes close to that standard. The second part of the Matthew quote speaks directly to what it takes in order to be able to say that all are welcome, "teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age." We cannot do this alone and we cannot do it naively.

So in my opinion, therein lies the problem. We are called to be a community that honestly and sincerely can say "all are welcome." In order to be able to deliver on that calling, we have to be committed enough and strong enough to be a safe place for Jesus to be present through the power of the Holy Spirit. "All are welcome" will never mean all will come or that even all who come will stay. What it does mean is that we are willing to commit individually and as a community to being a safe place for sinners (all of us) to heal, and for disciples to be equipped to go forth into the world as God has called us.

".....lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. (Ephesians 4:1-6)

May the peace of God, which goes beyond all understanding be yours now and always, Fr. Tom



MARY MAUER, RN

**How do we seek peace amidst the stressors of change?**

from Mary Mauer, your Parish Nurse

*“Jesus Christ is the same yesterday and today and forever.” Hebrews 13:8*

The financial decline, the presidential election, the challenges for our time, our talent, and our treasure – do you feel your blood pressure rising? Are you barraged by worry about your health, the health of others, pressures at school, pressures at work, pressures at home, or pressures at church? Are you neglecting your health? Do you feel bombarded with conflict – at home, at work?

Chronic stress may be the ultimate risk factor – some experts think it causes 50% of all disease (dis-ease).

Stress – physical, emotional, social, political, and spiritual – affect us. Physical manifestations of stress may be upset stomach, trouble sleeping, accidents and injuries, tight chest or throat, headaches, constipation, headaches and / or exhaustion. Emotional symptoms of stress may be grumpiness, tension, impatience, feeling hopeless, hostility, loneliness, inability to enjoy oneself, and /or depression. Mental stress may be seen in trouble concentrating, difficulty making decisions, forgetfulness, scary thoughts, making errors, and / or repetitive thoughts. Social red flags of stress may be excessive drinking, poor eating habits, driving too fast, drug use, getting into arguments, isolating oneself, working too much and / or criticizing others. Spiritual stressors may be seen as choosing to not attend church, becoming over-involved in church activities, and feeling burdened by or abandoned by those in the church and / or God.

**Where do we turn?**

**How do we seek peace amidst the stressors of change?**

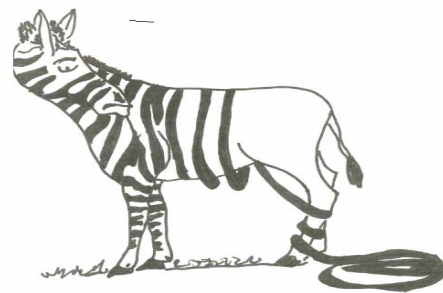
Physically **we can choose** to eat healthy foods and get adequate exercise and sleep. Emotionally **we can choose** to limit some of the things of which we do not have control. Socially **we can choose** to do things that we enjoy such as spending time with friends, watching a silly movie, playing board or card games with our children, doing fun family activities – a long walk, a picnic, working together to make and enjoy a family meal. For those of us that have taken “Boundaries” in any of its many forms, perhaps we can relate with establishing and enforcing healthy boundaries for ourselves. Politically, **we can choose** to vote for the candidate of our choice while respecting the choice of others.

Spiritually, **we can choose** to give back to God the stressors of which we have no control. We may not ever know - this side of the Gates of Heaven - why things may happen to us, our loved ones, our church or even our country. But we can rest assured that as the author of Hebrews tells us in chapter 13:8, “Jesus Christ is the same yesterday and today and forever.” Is anything or anyone other than Jesus unchanging? Jesus tells us in John 10:10 *“I have come that they (that’s us) may have life, and have it to the full.”* Our world changes – we change from second to second. Jesus is ALWAYS the same. May the Holy Spirit help us to honestly look at ourselves and determine what I can change about myself and then take our prayers and our concerns to Our Father in Heaven – HE is faithful.

*God grant me the serenity to accept the things I cannot change;  
courage to change the things I can;  
and wisdom to know the difference.*

*Living one day at a time; Enjoying one moment at a time; Accepting hardships as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make all things right if I surrender to His Will; that I may be reasonably happy in this life and supremely happy with Him forever in the next. Amen.*  
--Reinhold Niebuhr

**I THINK IT'S STRESS !!**



**Are you starting to UNRAVEL?**

**CAMP WEBB...the journey continues**

**Join in the Summer Camp 2009 at the beautiful Indian Mound Scout Reservation in Oconomowoc**

**\*being with God and friends outdoors \*making new friends \* Swimming \*canoeing \*volleyball**

**\*basketball \*miniature golf \*arts & crafts \*worship \*campfire \*music & singing**

**July 5-10 3rd-6th graders**

**July 12-17 3rd-7th graders**

**July 19-24 7th-12th graders**

**Mores details to come. Email [webb@gmail.com](mailto:webb@gmail.com) to be added to an email list for updates.**

# Children's/Youth Christian Formation

## Nursery News!

\*Please feel free to bring all of this in a labeled diaper bag!

Hi everyone!

I wanted to update you with our current 'nursery news'! Many changes are soon to come about in our beautiful nursery. We are just about ready for this fall season! This month we are beginning projects such as making our own paper plate pumpkins, and making special things with all the beautiful fall leaves on the ground. Parents, please remember to bring back the 'All About Me' sheets about your child next time you visit us; this project is very important! We hope you all enjoy the beautiful fall weather!

I really look forward to meeting all of you. Please, stop by anytime and see what we are up to. It's always fun to meet new people and see new faces!

Andrea Boinski, Nursery Director  
andreaboinski@ymail.com

## Fall Family Fun

I would like to take this time to remind parents of some of the new policies that we have recently started in the nursery for Sunday mornings. To start with, we recently set an 'age limit policy'. The new age group that we feel fit the nursery appropriately will be ages 0-3 (except for a few special cases). This is because of the space that we have to work with, as well as our projects and lessons that are designed for this specific age group. We strongly encourage children over the age of 3 to go to the service with their families! Thank you for your cooperation!

Promoting family togetherness

Some Tips for Fall Fun:

Also, to parents who have children in diapers, you will need to bring the following when you drop off your child:

- 2-3 diapers
- wipes
- extra change of clothes

- \*Making/decorating your own trick-or-treat bag.
- \*Take a bike ride down the Bug Line and take in the beautiful fall colors.
- \*Experience the best of fall at Besses Taste of Country Farm Market in Colgate, WI.
- \* Have a 'pumpkin hunt' in your back yard-- hide 10 little pumpkins and have your kids find them, and decorate them once found.
- \*Collect leaves together around your yard and place them under white paper. You can then color over them.

## Youth Group Kringle Sales

KRINGLES will be available for you to pick up on Saturday, November 15th from 12:30pm - 1:30pm. Due to limited storage space we'd appreciate it if you could pick them up at this time. However, they will also be available for pickup on

Sunday, November 16th during Hospitality Hour. Please make arrangements to have them picked up at one of those times and THANK YOU FOR SUPPORTING OUR YOUTH GROUP!! Please contact Amber Close if you have any questions. 414.807.5033

## November Birthdays

## November Anniversaries

- |   |  |
|---|--|
| 11/4 - Brendan O'Connor                           | 11/15 - Alexandra Krauska                |
| 11/5 - Arlo Fellenz, Katie Lange                  | 11/16 - Amber Yaklovich                  |
| 11/7 - Pat Boyer                                  | 11/17 - Kasey Thompson                   |
| 11/8 - Kirk Thompson                              | 11/19 - John Kronshage                   |
| 11/12 - Sarah Fris, Nancy Ziebell, Kenny Reichert | 11/24 - Michael Raasch                   |
| 11/13- Natalie Hameister                          | 11/27 - Heather Reichert, Sophia Seymour |
| 11/14- Audrey Hameister, Megan Reichert           | 11/30 - Jan Kriho                        |

- 11/4 - Sharie & Robert Perugini
- 11/25 - Mike & Kim Guy

**St. Bartholomew  
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**SUNDAY SERVICE TIMES:**

**8:45 a.m. - Traditional**

**11:00 a.m. - Contemporary**

**Vicar: The Rev. Thomas Papazoglakis**

**We're on the web!**

**www.stbartspewaukee.com**

## **The Unveiling of the "Great Wall of St. Bartholomew"**

A couple of weeks ago the new Communication Center wall in the parish hall was installed and the wall is getting much positive feedback. People are saying that it looks



great, is so spacious and neatly arranged, and that it compliments the decor of the room. The area around the wall is open and bright for viewing, and there are tables available where you can sit and read the material or discuss with others. The wall is one step in streamlining communication in the church to make it easy for all of us to get the information we desire in a consistent place and in an accurate way.

You may have noticed that over the past few months much of the communication "clutter" has been cleaned up and removed from around the building. Now that the wall is up, the information from the bulletin boards in the hallway, along with other communication pieces from throughout the building have been hung on the wall. The wall is in the

preliminary stages of arrangement and will continue to improve with added features over time. Any suggestions or input with regard to what kinds of information you would like to see in the Communication Center are always welcomed and appreciated.

Some other changes that you may have noticed around the building with regards to communication is that the tables have been cleared from the hallway and it is much wider and easier to travel through. There is also a sign posted weekly in the Narthex which tells you what rooms our programs and events are being held in to make it easy for you to get to your destination. By the time you read this, the two name tag boards (along with two new ones to give us much more space) will be relocated to the hallway (where the bulletin boards used to reside).

These are just a few of the improvements that have taken place recently. Look for more in the near future. If you haven't already, stop in the parish hall and try out the new Communication Center for yourself. It's a great place to grab a cup of coffee and a bite to eat while discussing upcoming events with your parish family.

**If you have any communication pieces that you would like posted, please email the information to Michelle Kronshage ([adminassistant@stbartspewaukee.com](mailto:adminassistant@stbartspewaukee.com)) or drop them off in the parish office.**