



Spirit in Motion

Parish Newsletter

"Becoming the people God created us to be."

St. Bartholomew
Episcopal Church

November 2009



It was a truly blessed experience to witness the full immersion baptisms of five youth from our Burmese community. Thank you to everyone who helped make it happen!



Have you noticed the new designated parking spaces? There are additional Handicapped parking spots as well as Physically Challenged spots for situations where one may be temporarily in need of a closer parking space. There is also a new Van-accessible Handicapped space. Please save these parking areas for those in need.

Thanks!

We had many dogs, one cat and two rats (really!) join us for the annual Blessing of the Animals at the beginning of October. A furry, fun time was had by all.

Did you know...?

The Sunday 6:00 p.m. service is moving to Saturday at 5:00 p.m.

(as of Oct. 31)

Please spread the word and join us for this alternate option to Sunday worship.

COMING SOON!

Watch for the annual
Advent/Christmas/Epiphany
Brochure with info. on
special services and events!

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Children's/Youth Christian Education

Mandatory Children's Christian Education Potluck and Meeting

(Well, we'd really, really like you to attend. It's THAT important!)

Friday, November 20 in the Parish Hall

6:00 - Potluck dinner

6:45 - Presentation of highlights from the classes

7:30 - Planning for next year and beyond

Come see what we're doing and help us plan for the future! We expect all St. Bartholomew families with children in religious formation classes, from preschool through youth group, to attend. Childcare will be available for the meeting.

Children's Christmas Pageant at St. Bartholomew

We are very excited to announce that there is going to be a Children's Christmas Pageant at St. Bartholomew this year! The pageant is scheduled for **Sunday, December 20 at 4:30 p.m.** After the event there will be a potluck dinner in the fellowship hall. Pageant Rehearsals will take place Saturdays, December 12 and 19. A letter for parents will be sent home with children on November 1 with more specific information. Please let us know by November 22 if your family is able to participate in the Christmas Pageant.

We are very excited about this year's Christmas Pageant and look forward to working with your children in creating a truly special event. Please call us if you have any questions:

Contacts:	Rebecca Seymour	Marylyn Batory
	(262) 560-4254	(262) 259-0255
	wrkseymour@sbcglobal.net	marylynb2000@yahoo.com

YOUTH GROUP NEWS

Bake Sale on Nov. 8

Please help the youth group raise funds for the 2010 Mission Trip by purchasing baked goods. Donations of baked goods are a way to help as well (items can be dropped off Saturday or Sunday morning). Goodies will be available for purchase in the Narthex on Sunday, November 8th. Please contact Kris Stock with questions.

Save The Date-Sunday, Dec. 13 12:00 Sharp!

The Youth Group is hosting a Packer Tailgate Party. Come and join them for great food and the game on the big screen! Tickets are \$5.00 and will go on sale between services starting November 8th. All proceeds will go towards the 2010 Youth Mission Trip to Guatemala. Packers vs Bears-GO PACK!!!!!!

Parish Life

ECW (Episcopal Church Women)

Tuesday, November 10th at 6:00 p.m. Please join us for comfort foods, sharing and working with our hearts and hands. We will be making prayer shawls. If you like to tie the fringe, or sew or cut the fringe or just be part of our evening, we would enjoy your company! Please bring a dish to pass. If you have any questions, please feel free to call Dianna Stuckslager at 262-691-2290.

THE MITTEN TREE IS BACK! The cold weather is upon us once again. This year will be St. Bartholomew's 5th year doing the mitten tree. Last year we collected over 400 pairs of mittens! Thank you to all who contributed to this very successful Episcopal Church Women's outreach program. Start bringing in your mittens, gloves, hats and scarves (adult & child sizes). There will be a box in the Communication Center to place donations in until we can get the mitten tree set up in the parish hall.



Pastor's Pen

What is a Sacristy?

According to the Merriam-Webster Dictionary¹ – **A sacristy** is a room in a church where sacred vessels and vestments are kept and where the clergy vests. The sacristy has also been used as a room for church meetings and classes or the business meeting of an English parish.

We [St. Bartholomew] have a dilemma – we have a very nice, well-equipped and adequate sacristy on the south side of the church nave (or worship space) for taking care of everything listed above. Fortunately we now have a new dilemma in that our sacristy needs to also accommodate our ever growing and expanding Catechesis of the Good Shepherd (COGS) programming for children that we are blessed to offer on Sunday mornings.

This is where we meet a breaking point; the Altar Guild serves an extremely important and “non-negotiable” ministry function between our main Sunday services by cleaning all of the things that are needed for communion after the early service, while setting all of the things that are needed out and in place for the later service. The Altar Guild needs access to the sacristy, as their primary workspace, during the time between services.

Can you begin to see the problem?

The last space we have available to offer in support of the children, for their work and formation in the Catechesis of the Good Shepherd training, is the current sacristy. *[It has become commonplace for even my office (by choice) to be scheduled as a meeting space for some group or ministry as the only unoccupied space available at St. Bartholomew.]* The problem we have is that the Altar Guild is doing their equally important work of preparing the church for Sunday worship during the same time that the COGS program needs the sacristy for their work. The work of the Altar Guild requires multiple trips in and out of the sacristy with all the associated noise that goes along with the handling of metal vessels, pouring water and wine while washing linens and different things in the sink. No matter how quiet or careful they try to be, there is no way these activities are not going to be distracting as background noise and activity to the reflective teaching style and atmosphere needed for a successful COGS space.

Some time ago we anticipated that we would need to be prepared for a timely response to fulfill these competing needs as we continue to grow and are able to expand our current offerings to meet the needs of people coming to worship at St. Bartholomew. The time to act is here and now. With the help and vision of Jim Price we were able to put together a design over a year ago that includes the creation of a new sacristy and additional adult meeting/formation space. This design frees the use of the existing sacristy for its much-needed use by COGS.

These new improvements would be adjacent to the existing library in the area of the existing north side chapel. This space

would be converted to multiple use as an area for a permanent and appropriate sacristy while at the same time, with the addition of a moveable partition, provide for use of the side chapel as an overflow room for adult meetings and studies too large for the existing library. We would also gain an additional flexible classroom that can be used both as a side chapel for the choir during traditional worship, as well as a space for additional seating during contemporary worship. When closed off by the partition this becomes an also much needed additional classroom or meeting room.

More on these plans will be forthcoming; however I feel a sense of urgency about bringing this to everyone's attention as soon as possible. We need to act quickly as possible in funding these renovations. I know these are difficult economic times but I pray that everyone will be as generous as possible in helping us continue this good work by providing the funds necessary to make these much needed renovations.

For some, the recent improvements in the stock market may have provided some unexpected (and most welcome) capital gain situations that could provide a special opportunity to help with this need. This could occur by transferring stock as a donation to the church in order to offset capital gains taxes before December 31st of this year. Another opportunity to consider would be if your work place has any type of matching gifts program to consider helping us establish a matching grant opportunity in support of this work.

Renderings and drawings of these plans are printed and nicely displayed on a large board in the parish hall. Please feel free to let us know your comments or questions as we work to make this request a reality. Please let our parish administrator, Rachel Knuese (parishadministrator@stbartspewaukee.com), know if you would be interested in attending a ‘forum type’ discussion on these proposed renovations. If there is interest in having a wider discussion we will schedule a time to get together and share our various hopes, ideas, thoughts and concerns.

I agree with Bishop Miller's belief that if God has led us to this need, God will also lead us to the resources needed in order to continue the work of our common mission and calling known as the parish and community of St. Bartholomew Episcopal Church.

In God's Peace, Fr. Tom

¹Merriam-Webster, Inc: Merriam-Webster's Collegiate Dictionary. Eleventh ed. Springfield, Mass. : Merriam-Webster, Inc., 2003



MARY MAUER, RN

There has been a variety of information about the HINI (Swine) flu in the media. Some of this information has been contradictory and confusing. This article will address the basis information regarding the HINI flu. If you have more questions, feel free to contact Mary, your Parish Nurse. To find additional information that is reliable and comprehensive, I suggest going to the website for the Center for Disease Control (CDC) – www.cdc.gov. This website provides a weekly update regarding the HINI flu.

2009 HINI (also referred to as swine flu) is a new influenza virus causing illness in people. This virus was first detected in people in the United States in April 2009. It is spreading from person-to-person worldwide, probably in the same way that regular seasonal influenza viruses spread.

This virus was originally referred to as “swine flu” because laboratory testing showed that many of the genes in this new virus were very similar to influenza viruses that normally occur in pigs in North America. But further study has shown that this new virus is very different from what normally circulates in North American pigs.

The HINI virus is very contagious. Spread of the 2009 HINI virus is thought to occur in the same way that seasonal flu spreads. Flu viruses are spread mainly from person to person through **coughing and sneezing** by people with influenza. Droplets from a sneeze or cough can travel 15 feet from their source! Sometimes people may become infected by **touching something** – such as a surface or object – **with flu viruses on it and then touching their mouth or nose.** Studies have shown that influenza virus can survive on environmental surfaces and can infect a person for 2 to 8 hours after being deposited on the surface!

HINI Flu – What do I need to know?

The signs and symptoms of the HINI include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may have vomiting and diarrhea. People may have respiratory symptoms without a fever.

Illness with 2009 HINI virus has ranged from mild to severe. While most people who have been sick have recovered without needing medical treatment, hospitalizations and deaths from infection with this virus have occurred.

How does 2009 HINI flu compare to the seasonal flu in terms of its severity and infection rates?

With seasonal flu, we know that seasons vary in terms of timing, duration and severity. Seasonal influenza can cause mild to severe illness, and at times can lead to death. Each year, in the United States, on average 36,000 people die from flu-related complications and more than 200,000 people are hospitalized from flu-related causes. Of those hospitalized, 20,000 are children younger than 5 years old. Over 90% of deaths and about 60% of hospitalization occur in people older than 65.

When the 2009 HINI outbreak was first detected in mid-April 2009, CDC began working with states to collect, compile and analyze information regarding the 2009 HINI outbreak, including the numbers of confirmed and probable cases and the ages of these people. The information analyzed by CDC supports the conclusion the HINI flu has caused greater disease burden in people younger than 25 years of age than older people. At this time, there are relatively fewer cases and deaths reported in people 65 years and older, which is unusual when compared with seasonal flu. However, pregnancy and other previously recognized high risk medical conditions from seasonal influenza appear to be associated with increased risk of complications

from this 2009 HINI. These underlying conditions include asthma, diabetes, suppressed immune system, heart disease, kidney disease, neurocognitive and neuromuscular disorders and pregnancy.

People infected with seasonal and 2009 HINI flu shed virus and may be able to infect others from **one day before getting sick to 5 to 7 days after.** This can be longer in people, especially children and people with weakened immune systems.

What can I do to protect myself from getting sick?

This season there are **two vaccinations available – the seasonal flu vaccine and the 2009 HINI vaccine.** A flu vaccine is the first and most important step in protecting against the flu infection. There are two kinds of HINI vaccines being produced – the flu shot and the nasal spray vaccine. See the display board in the Parish Hall to learn more about these two vaccinations.

There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses like the flu:

Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

Avoid touching your eyes, nose or mouth. Germs spread this way.

If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone **without use of a fever-reducing medication.**)

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Keep away from others as much as possible to keep from making others sick. Cover your mouth and nose with a tissue when coughing or sneezing. Put your used tissue in the waste basket. Then, clean you hands, and do so every time you cough or sneeze.

Be prepared in case you do get sick:

Have a supply of over-the-counter medicines, alcohol-based hand rubs (for when soap and water is not available.), tissues, and other related items such as soup, white soda, and Pedialyte (for small children) that could help you to avoid the need to make trips out in public while you are sick and contagious.

If you have a family member at home who is sick with 2009 H1N1 flu, you may go to work if you do not have symptoms. Monitor your health every day and take necessary precautions.

What are “emergency warning signs” that should signal anyone to seek medical care urgently?

In children:

- fast breathing or trouble breathing
- bluish skin color
- not drinking enough fluids
- not waking up or not interacting
- being so irritable that the child does not want to be held
- flu-like symptoms improve but return with fever and worse cough
- fever with a rash

In adults:

- difficulty breathing or shortness of breath
- pain or pressure in the chest or abdomen
- sudden dizziness
- Confusion
- severe or persistent vomiting

There are medications that your doctor may choose to prescribe to treat the seasonal flu or the H1N1 flu. These drugs can make you better faster and may also prevent serious complications. Your health care provider will decide whether antiviral drugs are needed to treat your illness.

For more information, see the display in the Parish Hall.

To date (October 18, 2009) Waukesha County does not yet have the H1N1 flu vaccines available.

Heavenly Father, You created me with a body - the temple of the Holy Spirit.

Help me to be informed how to best care for my body.

Enrich my mind and soul with Your love and grace.

In Jesus' Name we pray. Amen.

Community of Hope International (COHI)

God continues to truly bless COHI. The fourteenth class was completed in the winter/spring session. One hundred twenty four people from fifty four churches have been commissioned since it's beginning in 2003. The lay pastoral care givers have chosen to minister both within and outside their home churches as directed by their passions and spiritual gifts. Areas include but are not limited to: home visits, meal deliveries, home Eucharist, visits to those who are ill, visits to Waukesha Memorial Hospital, Kirkland Crossings, Linden Grove, Oconomowoc Hospital, Angel's Grace, Children's Hospital and River Hills. Other ministries include: Abiders (no one should die alone), jail, tutoring youth, Bible Study, and prayer and support groups.

We continue our partnership with Waukesha Memorial Hospital where many people choose to do their ministry. Our Circle of Care (COC) has also become a part of the people ministering at WMH.

God has opened three new areas through COHI to spread His word. First, four churches requested help from our Center to explore opening a Center at their church. Some churches sent interested people through our classes. Working collabora-

tively, St. Boniface, Mequon, has developed its' Center and held it's first class last fall. Another church remains interested but due to other commitments has put COHI on hold for the present time. The third church is presently providing a satellite Center class, and the fourth area is planning to work collaboratively with four or five churches to begin a Center in the winter term. Second, three churches met with the Diocese to begin the process of becoming an important part of adult formation within the diocese. COHI is now a Diocesan supported adult formation option. Third, after three years of working with Children's Hospital, and with the help and support of Dan Geeding, head chaplain at WMH, Children's Hospital has opened it's doors to accept lay pastoral care givers through their chaplaincy program. Our first commissioned COHI person began in June of 2009.

Our next COHI class is scheduled to begin Feb. 7. The twelve classes for the winter term are held from 1:30-3:30 on Sunday afternoons. Won't you consider God's call to you? Applications are available from Mary Mauer, Jan Watter, Barb Lentz or through the parish office.

Barb Lentz, Lay Director of COHI

Vestry News

Memorial Garden

A little known spot on the St. Bartholomew property (unless you have a loved one buried there) is our Memorial Garden. The Memorial Garden, located just south of the Mary Chapel, is a place where baptized members of St. Bartholomew's Episcopal Church or their immediate family can be interred. The Memorial Garden Guidelines establish a fund for maintenance and upkeep and an endowment fund for lasting income to the Memorial Garden Fund. Recently the vestry reconsidered the guidelines and has adopted several changes that are relevant to the growth of these funds. The current donation of \$150 for interment is inadequate to provide quality continuous perpetual care of the Memorial Garden. The vestry has approved increasing this donation to \$750, a considerable savings over interment at a cemetery.

The Memorial Garden Guidelines also establish a Memorial Garden Committee to oversee the upkeep and planting. The new revisions stipulate that this committee will be chaired by the Junior Warden.

The approved revisions will be effective on January 1, 2010. We are allowing this grace period so that current members have the opportunity to reserve a plot prior to this new policy taking effect. A copy of the revised document is available in the church office. If you have any questions please contact Rachel Knuese (Parish Administrator), Fr. Tom Papazoglakis or Jan Watter (Sr. Warden).

ANNUAL MEETING

**Mark your calendars now for the
annual meeting on
Saturday, January 23rd!**

8:30 Hospitality

9:00 Annual Meeting

11:30 Celebration Luncheon

Why you should attend the Annual Meeting? The Annual Meeting provides a time for the congregation to come together as a whole to celebrate all the wonderful things that have gone on at St. Bartholomew in 2009 and gives a chance to look ahead to 2010 and beyond. Each ministry leader/vestry member shares their "reports" giving you an opportunity to see where you might want to get involved. New vestry members will be elected, the church's finances will be discussed, and the overall vision of St. Bartholomew will be revisited and reignited. Please plan on attending this very important event. Contact the church office if you have any questions.

Vestry Nominations

As is the case in any organization, great leaders are needed in order to succeed. Churches are no different. At St. Bartholomew, our leadership team is called the Vestry. Our Vestry leaders are charged with the oversight of ministries with the purpose of: a) providing numerous areas in which we can become closer to God and grow in our spiritual journey, and b) to help other people become leaders in the church.

Since Vestry leaders serve on staggered terms, we routinely have several Vestry positions up for election at each annual meeting. We are looking for people who feel a calling to leadership and want to assist St. Bartholomew in continuing to be a healthy and growing church. Below are some of the characteristics of good leaders (from Raising the Roof by Alice Mann):

- People who listen openly for where God is calling this congregation next.
- People familiar with the satisfactions and pinches experienced by members, newcomers, and visitors in our church today.
- People who understand the political realities of the church.
- People who work well with the priest.
- People who have a "voice" in the congregation and are listened to when they speak.
- People who can stay calm and work creatively in the face of some congregational anxiety.

All interested parties are strongly encouraged to attend a Vestry meeting to experience how they operate. Everyone interested in becoming a Vestry leader and for others who would like to suggest someone, please contact the parish office at 262-691-0836.

December/January newsletter deadline is

November 15th

Send articles to

newsletter@stbartspewaukee.com

Contact the office if you have any questions!

Lifelong Learning

Wrestling with Angels

25 min. video and discussion; This 4-part series tackles head-on the kind of tough, real-life questions that can lead a person into a deeper understanding of God. Each episode features ordinary people sharing their experiences of struggling with these questions. Their stories are interwoven with reflection and commentary by some of the most sought-after, best selling Christian authors and speakers of our time.

Sunday, Oct. 25 4:30-6:00 Why Me? Philip Yancey

Saturday, Oct. 31 3:30- 5:00 Prayer – Richard Foster

Saturday, Nov. 7 3:30-5:00 Doubt – Madeleine L’Engle

Sunday, Nov. 14 3:30-5:00 Forgiving- Lewis Smedes

For more info. on each session, see the flyer on the Communication Wall in the Parish Hall. Attend one or all – bring a friend – Questions? Lillie Radmer, Mary Mauer, Betsy Hegwood, Will Fris Sign up via email or on the communication board.

Adult Forum: Sundays

10:00-10:30 in the Parish Hall

Sunday's Adult Forum: It's how to keep in touch... The parish of St. Bartholomew is an exciting, active one. We have done great things, and will be praying, learning and doing more as God guides us to be the community we are meant to be. Did you ever need a spiritual lift? Wish you had a time to tell everybody how wonderful your ministry or class was or want more details about a ministry or class? Wonder what other people think about various topics? Sunday morning Adult Forum is the place to be!

The overview of the theme for each Sunday of the month is:

1 Spirituality

2 Ministries

3 Life Long Learning

4 Topic of Interest

5 Topic of Interest

Nov. 1: Our vestry leaders give us their quarterly update of the happenings at St. Bartholomew. Catch up on what's been accomplished and what is to come. Then, Pat Boyer, Chair of the Diocesan Elder Ministry Committee and a member at St. Bartholomew will discuss Spirituality in Aging. Pat attended a conference in Texas this summer and will share her thoughts and observations of that conference. In addition, we will see a short segment of a video called *There is a Bridge* about Alzheimer's disease and spirituality. Pat states that "after 30 years of nursing, I was profoundly moved by this video. I will never look at an Alzheimer's resident the same." Don't miss this session and bring your tissues with you!

Nov. 7: Join us today as Barb Lentz and Jan Watter share with us about Community of Hope International. The Community of Hope... training awakens trainees to God's call on each of our lives by helping individuals discover and better understand their own spiritual gifts for ministry. Topics include: theology of pastoral care, Benedictine Spirituality, listening skills, prayer, Christian Mediation and Silence, pastoral visits, confidentiality and debriefing, first practice visit, grief-coping with loss, discovering who you are and commitment to ministry.

Nov. 15; Diocesan Representatives from St. Bartholomew will give an overview of that weekend's Diocesan Convention.

Watch for more details on topics!

November Birthdays

Brendan O'Connor

Arlo Fellenz, Katie Lange

Pat Boyer

Kirk Thompson

Sarah Fris, Nancy Ziebell, Kenny Reichert

Audrey Hameister, Megan Reichert

Alexandra Krauska

Amber Yaklovich

Kasey Thompson

John Kronshage

Michael Raasch

Olivia Turks

Heather Reichert, Sophia Seymour

Jan Kriho

November Anniversaries

Sharie & Robert Perugini

Robert & Diana Marino

Mike & Kim Guy

To be added to the Birthday/Anniversary list or to make corrections, please contact the office.

**St. Bartholomew
Episcopal Church**

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Email:

info@stbartspewaukee.com

Vicar: The Rev. Thomas Papazoglakis

SERVICE SCHEDULE:

SUNDAY

**8:30 a.m. Holy Communion Service
(Organ and Choir)**

**11:00 a.m. Holy Communion Service
(Praise Band)**

SATURDAY (as of 10/31)

5:00 p.m. Holy Communion Service

We're on the web!

www.stbartspewaukee.com

F.A.Q.s

Where do I find more information on _____? The best place to start for more info. is on the Communication Center in the Parish Hall. It is organized by category and you will find many brochures about specific programs as well copies of the newsletter and This Week insert (both publications being abundant with info. in every issue!) If you still have a question, contact the parish office or visit our website at www.stbartspewaukee.com (the Calendar of Events is particularly useful for keeping up to date on events, lay ministry schedules, the lectionary schedule, etc.).

How do I sign up for _____? A class? A potluck? Altar flowers? All sign-up sheets are located on the Communication Center in the Parish Hall.

How do I request child care? If you have noticed, many classes/events have the line "child care available upon advanced request." This is because our resources for nursery are limited and therefore we are trying to plan child care only when it has been requested. If you are interested in an event or class and need child care, please contact the parish office at least one week prior to the event/class.

How do I contact the parish office? Office hours are Monday thru Thursday from 8:30-2:30. You can call during those hours at 262-691-0836. You can also leave a message on the voice mail, which is checked regularly. You can also email Rachel Knuese at parishadministrator@stbartspewaukee.com and/or Michelle Kronshage at adminassistant@stbartspewaukee.com.

How can I meet with Fr. Tom? The best way to go about setting up a meeting with Fr. Tom is to contact the parish office and we will pass along a message to him that you would like to meet and coordinate times from there.